

Quest Food Management

000496 - potato wedges : nslp	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service Number of Portions: 1 Size of Portion: serving	Meat/Alt: Grains: Fruit: Vegetable: 0.5 cup Milk:				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
903696 potato- seasoned wedges gfs 457558...	3 ozs	

*Nutrients are based upon 1 Portion Size (serving)

Calories	130 kcal	Cholesterol	0 mg	Sugars	0.0 g	Calcium	0.00 mg	41.54%	Calories from Total Fat
Total Fat	6.00 g	Sodium	270 mg	Protein	2.00 g	Iron	0.72 mg	10.39%	Calories from Saturated Fat
Saturated Fat	1.50 g	Carbohydrates	18.00 g	Vitamin A	0.0 IU	Water ¹	0.00 g	0.00%	Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	2.00 g	Vitamin C	6.0 mg	Ash ¹	0.00 g	55.38%	Calories from Carbohydrates
								6.15%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Nutritional Information for FRIES WEDGE SEAS 6-5# LAMB

Product Number:	457558
Description:	AP Fries, Wedge, Seasnd, Lamb Weston

Nutritional Information		
Serving Size 3 oz (84 g)		
Amount Per Serving		
Calories 130		Calories from Fat 54
% Daily Value		
Total Fat	6 g	9%
Saturated Fat	1.5 g	7%
Trans Fat	0 g	
PolyUnSat	n/a	n/a
MonoUnSat	n/a	n/a
Cholesterol	0 mg	0%
Sodium	270 mg	11%
Potassium	330 mg	9%
Total Carbs	18 g	6%
Dietary Fiber	2 g	8%
Sugars	0 g	n/a
Protein	2 g	4%
Vitamin A -	0%	Vitamin C - 10%
Calcium -	0%	Iron - 4%
Percent Daily Values are based on a 2,000 calorie diet		
Calories Per Gram:		
	Fat 9	Carbohydrates 4 Protein 4

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	0 mg
Vitamin C	6 mg	Iron	.72 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a

School Equivalents		Fat Soluble Vitamins	
3 Oz Srvg		Vitamin D	n/a
Child Nutrition Label	No	Vitamin D	n/a
		Vitamin E	n/a
Meat/Meat Alternative	n/a	Vitamin K	n/a
Fruit/Vegetables	n/a	Vitamin A	0 IU
Grain/Bread	n/a	Vitamin A	n/a
Updated for New Final Rule			
Meat/Meat Alternate	0.00 oz		
Grain/Bread	0.00 oz eq		
Fruit	0.00 cup		
Vegetable:			
Red/Orange	0.00 cup		
Dark Green	0.00 cup		
Starchy	0.50 cup		
Beans/Peas	0.00 cup		
Other	0.00 cup		
Notes:			
n/a			

Product Information for 457558 FRIES WEDGE SEAS 6-5# LAMB

Manufacturer: LAMB WESTON, INC.			
Pack	6/CASE	Manufacturer #	C27
Portion Size	OZ	Net Weight	30
Portion/Case	480	UPC Code 1	1952000087
Price	22.76		

Quantity Invoiced Over Last 6 Weeks

1/18/2015	1/25/2015	2/1/2015	2/8/2015	2/15/2015	2/22/2015
0	0	0	0	0	0

Other Information

Other Information	
Item Yield	CASE= 30# SEASONED WEDGE-CUT (8-CUT) FRIES.
Shelf Life	FROZEN= 6 MO RECOMMENDED. HOLDS TWICE AS LONG AS REG FRIES.
Thawing Instructions	PREPARE FROM FROZEN STATE
Basic Preparation	FRY 1.5 LBS AT 360 DEGREES F. FOR 3 MINUTES AND 15 SECONDS.
Merchandising Idea	<p>MARKET**CUT AND COATING: 8 WEDGE CUTS PER POTATO, COATED. A LIGHT COATING OF NATURAL SEASONINGS & SPICES ARE ADDED TO THE MOST POPULAR CUTS. THIS GIVES SEASONED FRIES AN APPEALING CRUNCH AS WELL AS A ZESTY FLAVOR. BESIDES UNFORGETTABLE FLAVOR & CRUNCH, THE BEAUTY OF SEASONED FRIES IS THAT THEY'LL STAY FRESH & TASTY UP TO TWICE AS LONG AS REGULAR FRIES. DELICIOUS WITH DIPS OR SIMPLY ON THEIR OWN. WILL HOLD UP TO TWICE AS LONG AS REGULAR FRIES. SEASONED WEDGE CUTS ARE NOTABLE FOR CRUNCH, ZESTY FLAVOR & EXCELLENT HEAT RETENTION. SUPPORTIVE LEARNING ENVIRONMENTS EQUIVALENT: 3.0 OZ = 1/2 CUP VEGETABLE. CONTAINS ZERO GRAMS TRANS FAT PER SERVING.**CASUAL THEME RESTAURANTS; QSR & FAST CASUAL; PIZZA; RETAIL MARKETS/TAKE OUT DELIS; COLLEGES/UNIVERSITIES; B&I; OVEN PREP**AS A SIDE DISH WITH: ANY SANDWICH; SURF AND TURF; GRILLED SEAFOOD AS "FISH AND TWISTS"; GOURMET BURGERS AND DELUXE SUBS; BARBECUE BEEF OR PORK RIBS; STEAK OR CHICKEN; SOUP OF THE DAY. AS AN APPETIZER WITH: CHICKEN WINGS O</p>

Ingredients:

For ingredient or allergen information please contact: Lamb Weston, phone: (800) 766-7783/web page: www.lambweston.com. Please reference manufacturer number: C27. Nutrition updated January 2013. The nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.